

PSYCHOLOGY HOLIDAY HOMEWORK

❖ Identify a case and get it approved.

(High IQ, multitalented)

(With special needs)

(Alcohol/Addiction)

(Eating disorder – poor body image)

(Psychological order – depression)

FORMAT

I. INTRODUCTION

(3-4 pages)

- Define case study method
- Briefly explain case study methods – observation
- Defining the problem/disorder

(Types, signs/symptoms, causes, treatment)

II. CASE PROFILE

(3-4 pages)

- Describe the person with disorder
- Demographic details
- Present problem
- Areas of distress (parental relations)
- Case history (when disorder triggered, onset, 4P's.)
- Family history (any medical condition, psychiatric history, siblings' information, socio-economic status)
- Past intervention (any medication, counseling/therapy)

- School/college report

III. OBSERVATION

(1 Page)

- Mannerism
- Attribute
- Any particular behavior
- Symptom of disorder & Symptoms displayed.

IV. DISCUSSION

(2 Pages)

- Explain case study (briefly)
- Case study method- your understanding
- Techniques – helpful
- Limitations
- Advantages

V. CONCLUSION

(1 Page)

- How should it be dealt

VI. RECOMMENDATION

(1 Page)

- Certain steps towards lifestyle changes

VII. REFLECTION

(1 Page)

- Subject's feedback
- My own experience / learning

