

GOVT. OF NCT OF DELHI: DIRECTORATE OF EDUCATION
EXAMINATION CELL, OLD SECRETARIAT
DELHI-110054

DE.5/238/Exam/2019/143-149


Date: 06/02/2023

//CIRCULAR//

Subject: Regarding celebrating Pariksha Parv 5.0.

In continuation to Exam Branch Circular No. DE.5/238/Exam/2019/137-142 dated 03.02.2023 it is to inform that National Commission for Protection of Child Rights (NCPCR) vide its Letter No. 2801/38/2022-23/NCPCR/Vol-1 dated 02.02.2023 (letter enclosed) has informed about schedule for live streaming session for Pariksha Parv 5.0, for the Month of February 2023.

All the HoS of Govt., Govt. Aided & Un-Aided Recognized Schools under the Directorate of Education are hereby directed to ensure compliance of the aforementioned letter in true spirit.

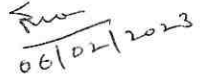

DDE (Exam)

Encls: As stated above.

To
All Heads of Govt., Govt. Aided & Un-Aided Recognized Schools under DoE
through DEL E.

Copy to:

1. PA to Secretary (Education).
2. PA to Director (Education).
3. PA to Adl. DE (Exam)
4. All RDEs, DDEs (Districts/Zones) for compliance.
5. O.S. (IT) for uploading on website of Dte. of Education.
6. Guard File.


OSD (Exam)



Rupali Banerjee Singh
रूपाली बनर्जी सिंह
Member Secretary
सदस्य सचिव

सत्यमेव जयते

NATIONAL COMMISSION FOR PROTECTION OF CHILD RIGHTS
राष्ट्रीय बाल अधिकार संरक्षण आयोग
GOVERNMENT OF INDIA
भारत सरकार



Letter No. 2801/38/2022-23/NCPCR/Vol- 1

Date: 2/02/2023

DD3207

To,

Principal Secretary/Secretary,
Department of Education (all states/UTs)
(As per the attached list)

Subject- Schedule for live streaming sessions for Pariksha Parv 5.0.

Dear Sir/Madam,

National Commission for Protection of Child Rights (NCPCR) is a statutory body constituted in March, 2007 under section (3) of the Commission for Protection of Child Rights (CPCR) Act, 2005, to protect the rights and entitlements of children and other related matters in the country. As you are aware, National Commission for Protection of Child Rights (NCPCR), has been celebrating exams with its campaign 'Pariksha Parv' since 2019, intending to change the outlook / perspective of children towards exams stress and overcome their anxiety before exam result at a platform.

2. Your kind attention is invited to previous letter no.2801/38/2022-23/ncpcr/Vol-1/DD1886 regarding celebrating Pariksha Parv 5.0. It may kindly be noted that Pariksha Parv 5.0 will be starting from **6th February, 2023 to 31st March, 2023**. Like every year, NCPCR is organizing live streaming sessions on Doordarshan National and NCPCR's Facebook/Twitter/YouTube to enable students to interact with Expert Speakers. The schedule for the live streaming sessions for Pariksha Parv 5.0 (for the month of February,2023) is attached along with the letter. **(Copy Enclosed)**.

3. These live streaming sessions can be very beneficial for the children and they can learn from the experts, get a better understanding about their future goals and can get tips on how to cope with examination stress/ how to manage time/ things to keep in mind while studying ,etc., and learn some tips that they can accommodate in their lives.

4. You are requested to kindly give directions to the District Education Officers to circulate the information regarding the live streaming sessions and issue a circular regarding the same for schools/educational institutions. Further, encourage the students to attend the live sessions and ask questions to the experts during the live streaming. Live streaming sessions can be watched from 6th February, 2023 to 31st March,2023 on NCPCR social Media account- Facebook on <https://www.facebook.com/NCPCR.Official/>, Twitter on <https://twitter.com/NCPCR>, and on Youtube/channel/NCPCR or on YouTube/Doordarshan national (details are available on NCPCR website <https://ncpcr.gov.in/>).

With regards,

Yours sincerely,

Sd/-

(Rupali Banerjee Singh)
Member Secretary, NCPCR

5th Floor, Chandernagore Building, 36, Janpath, New Delhi-110 001 / पंचम तल, चन्द्रलोक बिल्डिंग, 36, जनपथ, नई दिल्ली-110 001

Ph. : 011-23478228, E-mail : ms.ncpcr@nic.in Web : www.ncpcr.gov.in



राष्ट्रीय बाल अधिकार संरक्षण आयोग

5वां तल चंद्रलोक बिल्डिंग, 36 जनपथ, नई दिल्ली - 110001



Sensitizing Action on Mental Health Vulnerability through Emotional Development and Necessary Acceptance

टोल फ्री टेली काउंसलिंग

यह सेवा सुबह 10 बजे से दोपहर 1 बजे तक और दोपहर 3 बजे से 8 बजे (सोमवार से शनिवार) तक उपलब्ध है।



टोल-फ्री नंबर
1800-121-2830

परीक्षा व परीक्षा परिणाम से जुड़े तनाव एवं चिंता संबंधित प्रश्नों पर बात करने के लिए NCPDR द्वारा जारी SAMVEDNA

टेली काउंसलिंग सेवा

1800-121-2830

पर कॉल कर हमारे अनुभवी विशेषज्ञों से परामर्श प्राप्त कर सकते हैं।

यह टोल-फ्री टेली-काउंसलिंग सेवा विभिन्न भाषाओं जैसे तमिल, तेलुगु, कन्नड़, ओडिया, मराठी, गुजराती, बंगाली आदि में उपलब्ध है।

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PARIKSHA PARV-5.0

S.No	Name	Date and Time	Brief Profile	Photograph
1.	Shri. Ashneer Grover	6 th February, 2023 (Monday)	Founder - Bharat Pe	
2.	Ms. Maithili Thakur	10 th February, 2023 (Friday)	Indian folk singer trained in Indian classical music and folk music.	
3.	Dr Jyoti Chauthaiwale	15 th February, 2023 (Wednesday)	Scientist, Educationist and Social Worker	
4.	Sister B.K Shivani	17 th February, 2023 (Friday) bkshivani@gmail.com	Goodwill Ambassador – World Psychiatric Association and Motivational speaker/ Teacher in the Brahma Kumari Foundation.	
5.	Ms. Abhilipsa Panda	20 th February, 2023 (Monday)	“Har Har Shambhu, Shiv Mahadeva” Fame and Devotional Singer	
6.	Shri Mukul Kanitkar	24 th February, 2023 (Friday)	National Organising Secretary, Bharatiya Shikshan Mandal & Educator	
7.	Master Avi	27 th February, 2023 (Monday)	PM Rashtriya Bal Puraskar Awardee – 2022	